

Fiber Optic Technician (CFOT) Training



ACCREDITATION

Regarding the accreditation, we issue students on the final day of training, with a certificate containing The Fiber Optic Association, Inc. (FOA) (internationally recognised) and MICT SETA credentials.

Students will also receive a barcoded certificate from the FOA along and a digital badge, read more about this here https://www.foa.org/Badge_FO.html

Additionally, students will receive a SoR from MICT SETA

Cost: R 9 450.00 p.p. incl. VAT

Duration: 4-days

Time: 08:30 to 16:30

Course Content - summary

DAY ONE 08:30 - 16:30

- ◆ Introduction to Fiber Optics
- ◆ What is Fiber Optics?
- ◆ Fiber manufacturing methods (video)
- ◆ Fiber advantages
- ◆ How fiber works
- ◆ Refraction & Reflection
- ◆ Fiber Types:
 - OM 1, 2, 3, & 4
 - SM G.652, G.655, G.656 & G.657
- ◆ Mixing G.652, G.655, G.656 and G.657
- ◆ Cut-off wavelength
- ◆ Frequency
- ◆ Numerical aperture
- ◆ Mode-field diameter
- ◆ What is an Optical Network?
- ◆ Transmitters and transceivers
- ◆ Optical modulation
- ◆ Optical fiber parameters
- ◆ Transmission bands
- ◆ CWDM and DWDM
- ◆ Attenuation, Scattering and Absorption
- ◆ Inter Modal and Chromatic Dispersion
- ◆ Polarization Mode Dispersion
- ◆ Coefficients and system performance
- ◆ Amplifiers and Attenuators
- ◆ Cable Types
- ◆ Loose tube and Tight buffer
- ◆ Choosing a Cable
- ◆ Cable specifications
- ◆ NEC Ratings
- ◆ Cable plant hardware
- ◆ Optical Fiber Cable Color Coding
- ◆ Best practices for installing cable
- ◆ Bonding and grounding
- ◆ Pulling fiber optic cable
- ◆ Air-assisted fiber installations
- ◆ Slack management
- ◆ FTTx
- ◆ Fiber Optic Installation Safety Rules

DAY TWO 08:30 - 16:30

SPlicing: FUSION and MECHANICAL

- ◆ Choosing a Splice Type
- ◆ Cable and fiber preparation techniques
- ◆ Fusion splicing timesaving techniques
- ◆ Splice Loss - cause and remedy
- ◆ Fusion splicer maintenance and cleaning
- ◆ Connector types
- ◆ Termination procedures

HANDS-ON Practical Session

- ◆ Fusion splicing
- ◆ Mid spanning / Loop Joint
- ◆ Fiber optic panels, enclosures and termination boxes

DAY THREE 08:30 - 16:30

TESTING, TROUBLESHOOTING & MORE SPlicing

- ◆ OTDR and iOLM characterization
- ◆ Testing at various wavelengths
- ◆ Troubleshooting procedures
- ◆ Acceptance testing
- ◆ Loss and Power Budget calculations
- ◆ Calculate admissible lengths
- ◆ Insertion loss testing
- ◆ System Certification
- ◆ Documenting test results
- ◆ Gainers and Mode-Field Diameter issues
- ◆ Nano-engineered ring issues
- ◆ Measurement units
- ◆ Cleaning connectors

HANDS-ON Practical Session

- ◆ Working with the following test instruments: Visual Fault Locators, Fiber Microscopes, Power Sources, Power Meters, Dark Fiber Identifiers, OTDR's, iOLM and more fusion splicing, etc.

DAY FOUR 08:30 - 12:00

- ◆ WRAP-UP AND TEST